This introduces them to the scale, with the intervals noted as two syllable words. After making up sentences that reflect this same pattern, we can begin to make notations on the lines and spaces. Examples:

- Meet my sis-ter and my bro-ther
- I have mon-ey in my pock-et
- Ask the teach-er for her ap-ple

After these words are sung to the scale, they will be substituted with the notes that keep in sync with a C scale.

The next exercise will take them through the scale again, with a few variations. This is sung to the tune similar to Are You Sleeping with a variation at the end.

The students will recite this in tempo, on pitch, and in 4/4 time. Students will then write the notes on the scale. They will have large sheets of paper to write the notes on.

This is only meant to serve as an exercise in the fundamentals of music, geared for children.